

# Resource List

*Reviewed April 2026*



**Solutions**

**for Special Needs Families**

*Let our team provide hope to your family*

## **Policy**

### Raise Your Voice:

#### *Coalition of Texans with Disabilities (CTD)*

A one-hour webinar once a week to discuss “CTD events, advocacy opportunities, disability news, and more.”

### Disability Policy Newsletter

#### *Association of University Centers on Disabilities*

“A weekly newsletter highlighting federal policy issues affecting people with disabilities and their families in plain language and action steps.

## **Camps and Day Programs**

### Easter Seals Greater Houston

#### *Houston, TX*

A safe environment for adults with disabilities who have experienced challenges integrating into social opportunities. Adults will be joined by other individuals with disabilities to play games, practice yoga, create crafts, and more.

### Texas Health and Human Services:

#### *Local HHS Office*

Daytime services for individuals with disabilities who live in a community. Services provide meals, nursing and personal care, physical rehabilitation, social, educational, recreational activities, and transportation. Check the website to discover eligibility requirements and your local HHS opportunities.

### Summit

*Dallas, TX*

A weekend or week-long camp experience for children and adults with disabilities. Camp activities are “adapted to each individual, provided in barrier-free facilities.” Camp Summit is accredited by the American Camp Association and Licensed as a Youth Camp in the State of Texas.

### The Adventures Academy of Lifelong Learning

*Austin, TX*

A recreational and vocational experience that “helps adults with intellectual and developmental disabilities connect with their community” and further their independence.

### **Jobs and Opportunities**

The Coffeehouse:

The Harris Center for Mental Health and IDD

*Houston, TX*

“The Coffeehouse program is a peer-focused social skills communication group.” This group is for adults with Autism Spectrum Disorder and/ or intellectual disabilities to work on employment and community integration. Other occupational opportunities or services can be found on the Harris Center website.

Bloom Consulting

*Humble, TX*

A disability consulting service that provides individuals with vocational training, job application support, pre-employment evaluation training and preparation, and more.

### Autism Treatment Center of Texas

*Dallas/ Fort Worth and San Antonio, TX*

The Autism Treatment Center (ATC) is an agency that provides services like a residential program, an educational program, adult services, and more. The adult services help individuals aged 22+ with Autism. Services promote independent living and social skills through vocational training, volunteer activities, and community outings.

### **Mental Health**

#### The Harris Center for Mental Health and IDD

*Houston, TX*

The Harris Center is a mental health clinic for individuals with and without cognitive disabilities. The clinic provides crisis intervention services, community-based supports such as treatment or behavior support plans, intermediate care facilities, and more.

#### Spectrum Services

*Austin, TX*

Spectrum social and recreational services offer comprehensive support for individuals with intellectual disabilities through behavior support and executive functioning coaching, psychiatry services, psychological services, social skills groups, and more.

#### Burke

*Lufkin, TX*

An organization that provides comprehensive services for those with and without intellectual and developmental disabilities. Burke provides crisis intervention, training and employment, and more.

## **Residential Living**

### The Brookwood Community

*Brookshire, TX*

This faith-based residential living and day program allows neurodiverse adults to grow spiritually, socially, and independently. One of Brookwood's services includes a work program where adults work in horticulture, ceramics, stone casting, packaging, the on-site cafe or retail shop.

### Reach Unlimited

*Cypress, TX*

A Medicaid waiver program that provides adults with intellectual and developmental disabilities a chance to thrive independently with individualized supports. Services include 24-hour supervision, individualized skills and supervision at the Learning Activity Center, employment opportunities, and constructive leisure activities.

### ResCare Community Living

*Austin, TX*

This community living organization for individuals with intellectual and developmental disabilities meets the unique needs of each individual. Services include home and community-based services, the adult foster care/ host program, intermediate care facilities, supported employment and job placement, health and behavioral science services, and more.

## Disability Educational Resources

### Medicaid Waivers

Solutions for Special Needs Families

Can also be found on the Solutions for Special Needs Families Website

### Q&A Solutions for Special Needs Families

*Team Luke Hope For Minds*



### Supplemental Security Income (SSI) 101

*Ellen Cookman - Special Needs Trust Attorney*

\*This financial advisor is based in California and may not reflect the current SSA policy in Texas, but provides important context on SSI\*



# Contact Us

To learn about more upcoming events, opportunities, and how our team can support your family, please visit our [website](#).



*Let our team provide hope to your family*

Please contact Solutions for Special Needs Families for more resources, guidance, empowerment, and hope. We are here to listen to you and your family's concerns. Our team would be honored to work with you throughout this journey.

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To schedule a free consultation with Amy, scan the following QR code or the [Calendly link](#).



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